



Mediterranean Federation of Nutritional Sciences

Organize the 1st online Conference on

**"Covid-19 in the south and north of the Mediterranean:
what differences? What determinants? "**

Honor Guests

- Abdelhakim Yahyane: Population Director of the Moroccan Ministry of Health
- Chakib Nejjari: Dean of the Mohamed VI University of Health Sciences

Tuesday 06 July 2021

Program

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2:00 pm - 2:30 pm: **Ceremony and Opening by the Honor Guests**

2:30 pm - 2:45 pm: **Topic 1: Mediterranean diet**

Moderators: Prof. Abdellatif Bour / Dr Abdelhakim Yahyane

2:45 pm - 3:00 pm: **Mediterranean diet as a nutritional approach for COVID-19**

Prof. Jacques Delarue (France)

3:00 pm - 3:15 pm: **Mediterranean Diet and COVID-19**

Prof. Youssef Aboussalah (Morocco)

3:15 pm - 3:30 pm: **Early prevention of long-term Covid: the point of view of Micronutrition**

Dr Didier Chos (France)

3:30 pm - 3:45 pm: **Discussion**

3:45 pm - 4:00 pm: **Topic 2: Epidemiology and physiopathology**

Moderators: Prof. Abdellatif Bour / Prof. Chakib Nejjari

4:00 pm - 4:15 pm: **Health burden - Covid-19 - Mediterranean,**

Prof. Nabil Tachfouti (Morocco)

4:15 pm - 4:30 pm: **Covid-19: physiopathology, pharmacological arsenal and possible secrets of Africa's "salvation" in the face of the pandemic**

Prof. Mourad Erresfa (Morocco)

4:30 pm - 4:45 pm: **Post-Covid-19 Needs Assessment and Recovery Planning**

Prof Cheikh Dehah (Mauritania)

4:45 pm - 5:00 pm: **Discussion**

5:00 pm - 5:15 pm: **Topic 3: Micronutrition and Covid-19**

Moderators: Prof. Abdellatif Bour / Prof. Jacques Delarue

5:15 pm - 5:30 pm: **The role of vitamin D and / or Omega 3 for COVID-19 prevention and impairment**

Prof. Jean Michel Lecerf (France)

5:30 pm - 5:45 pm: **Microbiota and COVID-19**

Dr Karim Ouali (Morocco)

5:45 pm - 6:00 pm: **Nutrigenetics and COVID-19**

Dr Amin Gasmi (France)

6:00 pm - 6:15 pm: **Discussion**

6:15 pm - 6:30 pm: Topic 4: Lifestyle

Moderators: Prof. Abdellatif Bour / Dr Amin Gasmi

6:30 pm - 6:45 pm: Physical activity and Covid-19

Prof. Malika Bouchenak (Algeria)

6:45 pm - 7:00 pm: Physical activity among the general Moroccan population during the period of confinement

Prof. Karima Rhazi (Morocco)

7:00 pm - 7:15 pm: Discussion

7:15 pm to 7:25 pm: End of the conference

Panel discussions with speakers for all topics:

Honor Guests:

Dr Abdelhakim Yahyane (Morocco)

Prof. Chakib Nejjari (Morocco)

Moderators:

Prof. Abdellatif Bour (Morocco)

Prof. Béatrice Morio (France)

Coordinators:

Prof. Youssef Aboussalah (Morocco)

Dr Amin Gasmi (France)

Discussion panel present in all Topics:

Prof. Leila Itani (Lebanon)

Prof. Marwan El Ghoch (Lebanon, Italy)

Prof. Sahar Zaghoul (Egypt)

Prof. Fethi Ben Slama (Tunisia)

Dr Laila El Ammari (Morocco)

* Certificates available on request (minimum 80% of the conference time)

** The official languages in this conference are English and French

*** Schedule: GMT + 2